

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019

We Care Adult Care



Closed 1

Member council 2
Exercise
Winter canvas painting w/Ariana
Big game horse racing
Men's club- *getting to know you/ popcorn treat*
Soothing yoga stretches

Member council 3
current events
Exercise
Beauty day w/ Ariana & Dominique
Coupon clipping
Can you solve the Riddle?
Sing- along
Happy Birthday Clare F

Trivia day 4
Cotton ball penguin crafting
Pastor Matt
Hot chocolate social
Big game bingo
Men's Club- Romeo group (*let's talk about the bride*)
Happy Birthday Malcolm



Alaskan Adventure Week 6

Current events 7
Alaskan facts
weekend update
Yoga Stretch
Men's club- support group w/Kelli
Edible igloo
Group word search
Snowball fight!
Afternoon Sing a long

Happy b-day Elvis 8
Current Events
Elvis sing-along
Cupcake decorating w/Jen Tri-State
Remembering the king
Laundry Day
T.V trivia
Happy birthday Miranda

Facts on Alaska 9
Poker game
Exercise/ yoga stretch
Magic Show w/Tom Durnin

Happy Birthday Alberta M

Current Events 10
Exercise
Did you know???
Marching band
"let's march we care!"
Let's learn about Alaskan animals
Ladies sewing
The price is Right
Geography quiz

Library visit from Kate 11
let's decorate a t-shirt
Runway fashion show! (*Show off those crafty T-shirts*)
Mens club-lets *construct an invention*
Family Feud
Feel Good Friday

Yoga Month 12

Creativity Month 13

Preventing colds & Flu/ talk W/Diane 14
Snowman craft-Terra Cotta
Mens Club (*"kindness rock project"*)
Word- in -a word
Any jokes up your sleeves?
Happy birthday carmine

Martin Luther king Jr 15
Nobel Peace Prize Lecture
"I have a dream" speech
National hat day
Hat Craft/Contest
LRC game
White board games
Exercise Fun

Current Events 16
Exercise
Monthly Birthday Celebration
Men's Club- Aviator
Talk W/ Jan Williams
Big game Bingo w/ prizes
Science for Seniors (fake snow)

Benjamin Franklin 17
Birthday
Pastor Matt
Exercise
Current events
Pine cone sled craft
Sensory box
Getting to know you
Fact or fiction

Joanne Prayers 18
Exercise
Hot tea social
Tea cup crafting
Soccer game
Mens group- "*Never have I ever*"
White board games
Ladies Hand Massages
Feel Good Friday

Hot Tea Month 19

National Activities 20
Professional week
"oh the places you'll go"

Darci, Ariana, Dominique, Cindy & Debbie G

Welcome Denise 21
First Baptist Church
Staff Speeches
Cake social
Guess the staff member
Men's group- test your aim, *let's throw darts*
Martin Luther King Day
Tu B'Shevat

Current events 22
Exercise
Get your nails done w/ Dominique
Pokeno fun w/prizes
Spelling bee contest
Word in a word
Puzzles/Riddles
Happy birthday Sarah Z, Barbara S

Current Events 23
Let's make rice crispy treats
Exercise
Rice crispy treats social
Snowman Craft (paper)
Men's group- bucket list
Musical Bingo

current events 24
Exercise
Culinary Trip
Canvas Painting
T.V funny moments
Erin (Allaire Rehab)
"Snowman Craft"
Men's Journal Writing

Current events 25
Exercise
Winter Wonderland Party
Entertainment w/ Joe & Sal
Dancing & Fun Raffles
Giveaways
Winter contests!

Soup Month 26

Happy Birthday Alice S

National Trivia & Puzzles Month 27

Current event 28
Spanish Day w/ refreshments
Spanish hits
Learn Spanish w/Ariana
Men's Club- *would you rather*
Pictionary
Happy Birthday Paul M
Asst. Day Observed

Current Events 29
National puzzle day
Yoga stretches
Let's complete the puzzle
Winter wreaths
Hand massages
Sing-along
Reminisce
Winter Trivia

Current Events 30
Exercise
Men's club *woodworking Sleigh*
Who am I? writing activity
Family Feud
Nanny
Happy Birthday Marietta.B, Bill.C Annette

Current events 31
Exercise
Laundry day
Popsicle stick snowflake craft
We care scavenger hunt
Sing a long
Senior moments
Buzz Words

Calendar subject to change

Open 8:30 AM Breakfast 9:00AM
Current Events/ Exercise 10:00AM
Lunch 12:00PM
Activities/ Crafts 1:30PM
Close 4:00PM