

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

WE CARE ADULT CARE

OCTOBER 2026

DAILY ROUTINE: 9AM BREAKFAST, 10-11:45AM EXERCISE + MORNING

ACTIVITIES 12PM LUNCH, 1-3PM AFTERNOON ACTIVITIES



Morning: Members Council Meeting
Fall Fun Facts
Breast Cancer Awareness Bracelets
Pass the Pumpkin
Entertainment: C-Bunny!

Member Council Meeting
Sit and Stretch
Nurses Notes
Ladies Spa Day w Ann
Afternoon Bingo Blast

Happy Birthday to: 4
Phillip T: 10/11
Jerry R: 10/13
Ron L: 10/14
Alfred 10/22
Patricia 10/21
Matt C.: 10/24
Cindy B: 10/29
Noelle C: 10/31

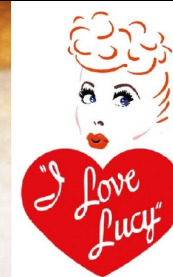
Morning: Daily Chronicle
Name that Tune
Monday Morning Yoga
Afternoon: Funniest Videos
Afternoon Sing along

Morning: Chronicles Musical Hangman & Singalong
Current Events
Afternoon Fall Bingo & Finish the Lines Game!

Morning: Bible Study! Pictionary/Charades & Morning Stretch
1960's Song Singalong
Afternoon: Corn Hole Competition

Morning: Current Events
Learn to draw: Halloween Edition
Chair Zumba
Afternoon w/ Entertainment: Trilogy!

Morning: Pastor Matt 10:30
Men's Group
Pass the Popcorn Game!
Parachute Fun!
Ladies Social
Balloon Volley Ball Game



11



Morning News
German History
Travel to Germany
German Pretzel Making!
Afternoon: Oktoberfest Fall Games Competition!

12

Morning: Oktoberfest Trivia
Morning Sing and Stretch
Craft Club /Joyce
Parachute Pumpkin Game!

13

Weekly Bible Study
Wednesday Wellness
Arm Chair Travel
Fall Craft Activity
Afternoon: Fall Bingo Blast!

14

Wear RED! I love Lucy Day!
History of Lucille Oball
I Love Lucy Trivia!
I Love Lucy Watch Party w/afternoon Snacks C

15

Morning Stretch
Daily News
Chair Zumba
Philly Pretzel Party & Johnny Carson Trivia & Watch Party!

16



17

18

Chronicles
Charades
Trip to Veterans Memorial
Halloween Scattegories
Sensory Sensation Station

19

Daily Chronicle
Guess the Celebrity
Craft Club w/Joyce
Stretching into the Oldies
Nail Spa Day w/ Amanda

20

Monthly Cooking Club
Candy Making
Nurses Notes
Bible Study
Men's Group
Senior Helpers: Donuts & Trivia

21

Morning Zumba
Halloween Trivia
Halloween Take home Craft!
Spooky Bingo!

22

Halloween Word in a Word
Librarian Visit
Pass the Pumpkin
Birthday Trivia
Members Birthday Party!

23

24

25



Current Events
Name that Tune!
Painting by Numbers
Price is Right
Monday Mens Group!

26

Morning: Daily Chronicle
Craft Club
Sit and Stretch
Halloween Tattoos
Halloween Bingo!

27

Morning Meditation
Current Events!
Bible Study
Sit n Stretch
Parachute & Ring Toss!
Finish the Line

28

Halloween Romance
Pumpkin Decorating
Halloween Treat Bag Craft!
We Care: Trick or Treating
Halloween Karaoke!

29

Morning: Currents Events
Halloween Scattegories
Name that Tune
Halloween Party
Costume Contest!

30

31

